

7.2 Best Practices

Describe at least two institutional best practices Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

Best practice I

Title - Best-class of the Year Award

Goals/objectives

Context

Practice

Progress

Problems/ short comings / care to be taken

Goals / Objectives - The Institution organises “Best Class Award” Practice for developing the sense of belongingness towards their class-room as well as their class-fellows. Such a practice has a deep influence on the students as they learn how to manage and enhance the quality of their own self and the space to which they belong. The practice primarily focuses on the importance of sense of responsibility towards their possessions. In the process they acquire communication skills to achieve their objective not only at their Institution but in their lives at large. The practice also aims at creating awareness regarding the possible challenges they may face and to make them learn how to channelise their activities towards achieving something.

Context - In the context of 21st century society, the students are being faced with multiple diversions, which make them go astray from their goals of their lives adversely affecting their learning. Therefore this tries to make students to focus on their own priorities and spaces. And also that, they could be positive decision-makers by solving the issues. Apart from academic excellence, students need to go out of their Institution with life skills that help them face. The most important aspect of the practice is they should learn to be comfortable to work with persons around them who come from different backgrounds and different experiences. It is observed that when they learn to work collaboratively and when they watch their class-fellows working towards a goal of winning the award, they all become enthusiastic proactive learners. They try to well behaved and disciplined students

Procedure – In the Institution, the Student Welfare Officer along with the Heads of all Departments collect data of academic and extra-curricular activities of every class in respective streams. The students are given the assignment of a particular task. They are all observed by the faculty to see the way they work collectively to get the award.

Criterion for the award – The award is instituted in order to add value to their lives. Hence, it is decided to judge the best-class on the basis of that class-students’ discipline on the campus, their attendance, their general knowledge, their knowledge of every day science, leadership qualities. The cash-prize is also instituted to a student with best leadership qualities. The class is adjudicated on the basis of students’ overall performance in academic ad extra-academic activities.

At the end of the academic year the selected Jury decides the deserving class to be awarded as the best.

Practice - With the emergence of ICT in the field of teaching-learning, it becomes imperative to train our students to counter the social and psychological issues successfully. The other significant aspect of the practice is it results in the change of behaviour in the Institution by their imbibing the qualities of time management, inter-personal communication, caring and sharing. It helps them to develop greater positive attitude in the societies where they have to live successfully and satisfactorily. This practice helps them face life and contribute to successful learning.

Progress - This Institution has started this practice to groom the students to adopt basic behaviour code and to make them feel special. The weirs of the award serve as the motivators for other class students. It helped them to improve their ability of communicating effectively with other students and teachers.

Problems/ short comings / care to be taken – It is observed that all the students were not willing to contribute positively towards an achievement of an objective. Students belonging to different subjects, go to their respective classes. And there was a sense of loss of that belonging to a particular class. But the desire to win the award made them come together. Sometimes it became difficult to overcome the resistance of some students who did not actively participate in such endeavours. Despite it, this Institution has started this practice to groom the students to adopt basic behaviour skills.

Note - It is impressive to note that the students are developing the feeling of pride and practicing the values of positive thinking and problem solving and thereby applying them to the spaces outside their everyday classroom life situations.

Best practice 2

Title – Health Awareness Campaign in Slums

The very word “slum” brings to the mind the scene of dirty and crowded dwellings with gutter-water running through the small lanes, with unhealthy children playing in the unhygienic areas. The slum is the consequence of the rapid growth in urbanisation which is also resulting in multiple other issues. Lot of villagers migrate to the cities in search of jobs with no place to live in. They manage to live usually on public land with no civic facilities there by resulting in a number of problems.

Goals / objectives - The main objective besides making the slum dwellers aware of health hazards in slum areas, it is also to eradicate illiteracy and empowering them financially for facing their health issues. The best practice of our Institution tries to involve these slum-dwellers in all the health and education activities. The main objective of this practice is to develop some activities in order to involve the slum dwellers specially women in the implementation of healthcare activities.

Context - The slum dwellers are seen engaged in fending for themselves by working on daily wage basis. Their living conditions are highly unhygienic and almost dehumanised. They do not possess the basic civic living conditions. To crown these, there is a tremendous lack of the awareness of their health needs. Hence in order to create awareness among the slum dwellers and educate them on basic health issues, our students take up the task of bringing awareness in their own small ways to contribute to the building of the healthy nation. The aim of health and hygiene education is to make people in slums aware of the importance of personal hygiene and use of clean drinking water. Our students help these people specially women to educate in the areas of health, hygiene and nutrition. It focuses on developing the positive attitudes and the skills needed to take decisions related to the health of family members.

Practice - Students along with Staff members visit slums of the city. The lack of education and knowledge deprive poor slum dwellers of health awareness. They doubly get affected by the poor living conditions. Hence, the students educate them regarding cleanliness, healthy habits, taking baths, eating boiled or cooked food. They also give them helpline-numbers as well as the facilities provided by the government. They educate them regarding the health hazards of alcoholic drinks and how to protect themselves from the upcoming dangers. They inspire them to educate their children to be the best citizens of India.

Progress - It is observed that the slum dwellers were trying to improve their living conditions by adopting the practices taught to them by our students. It could be seen that they were developing the hopes of improving their lives. They could understand how to protect themselves from infections. They were also made to realise how malnutrition in their children has negative impact on their physical and mental development.

Problems/ short comings / care to be taken - The slum dwellers' illiteracy and poverty are the greatest short comings in improving their health. Simply organising health awareness campaigns is not enough. The positive response from the slum dwellers with regard to their behaviour is much expected. They should also take proper care and maintenance of the basic amenities provided to them.

Note - This is indeed a very positive step taken by our students for creating awareness among the slum dwellers about the simplest practices for maintaining health, hygiene and the importance of cleanliness. However, the major issue is not that they are unaware of hygiene, but it is also sometimes due to lack of civic facilities in those areas. Their struggle to fend for themselves and for their families is the major issue in concentrating on other issues of life when their major issue is their survival.